

# *Career Seminar*



*Or*  
*Interview Attire*

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*Psychologists have shown that people weigh initial information much more heavily than later information when they evaluate people. It's a simple fact: The first information people get about anything – a person, a place, an idea – influences the way they process later information. **In other words, people are more likely to believe that the first things they learn are the truth.***

## Seven Things an Interviewer Notices First:

1. Time of arrival
2. Interview attire
3. Body language
4. Communication style
5. Your preparedness
6. Your Enthusiasm
7. Your Qualifications



**93 % of executives believe that an employee's style of dress at work influences his or her chances for promotion** (careerbuilder.com survey).

Review the company website for a dress code and an idea of the company's culture. In an interview and then in the workplace, be cautious and select more professional, conservative clothing.



## **MUST for McNew Interviews:**

Short hair above collar and ears

Shave every day

No fragrance

Dark suit (deep navy, black, deep gray) **FITTED** in sleeve length and pant length

Collared white business shirt/ironed

(not a button down shirt)

White tee-shirt under collared shirt

School tie or red patterned tie: use a full Windsor knot

Laced shoes : black

(never wear brown shoes with dark suit)

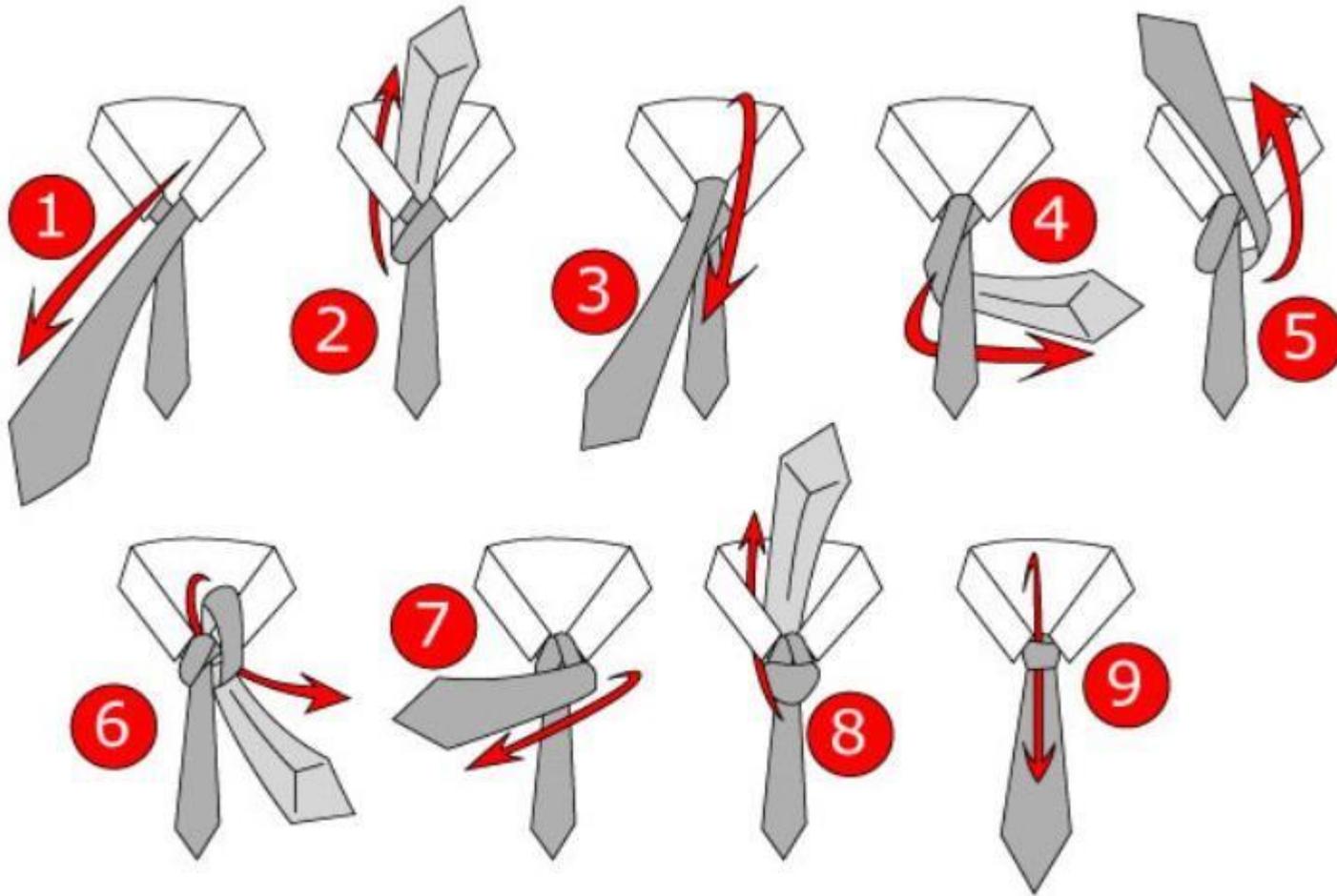
Socks: black (match shoes)

Belt: black (match shoes)

Handkerchief in pocket of pants

# First Seven Things: Men's Interview Attire

## How to Tie a Full Windsor



# First Seven Things: Women's Interview Attire



## **MUST for McNew Interviews:**

Hair pulled back off face (no exceptions) and NEVER touch it

Minimal makeup / minimal jewelry

No fragrance

Neutral short nails

Dark business suit: deep gray/deep navy/black

Skirt below knees OR pants sit at waist and not tight

White shell or collared shirt open no lower than collar bones: if one can see  
one's underwear beneath shell, wear a slip

American flag or school pin on lapel

Black pumps no higher than 2 inches/closed toe

Nylons

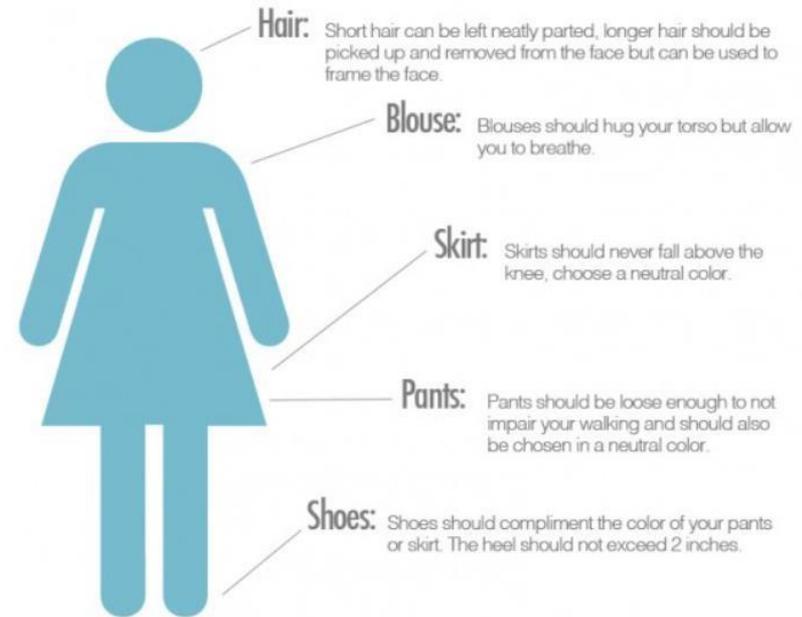
Black purse

Handkerchief in purse





## Interview Attire Chart: Ladies



# First Seven Things: Women's Interview Attire



McNew wants your hair pulled back off your face

Notice that NONE of these outfits are TIGHT. None pull across hips or shoulders